

Guidelines and Info

There are 4 bats available for players to use initially while they decide whether to keep playing, after which it is suggested that you buy your own. These bats are kept in a separate locker in the Barn and can also be accessed by outsiders and after hours via Amber Valley security.

FITNESS

Please note that a certain level of fitness is required to play pickleball. To minimize the risk of injury, it is up to EACH PERSON to take responsibility for their own fitness and capacity to play. The committee takes no responsibility for any accidents or injuries that may occur while playing.

It is highly recommended that you wear shoes with a good grip on the soles to prevent slipping.

Medical emergency: 033 2395000.

THE BARN

The Barn is officially available from 8 - 12 on Mondays, Thursdays and Saturdays. Club playing days are available on our website (<https://gapickleball.co.za>) 2 days in advance for booking purposes. A max of 10 per session also means that folk do not have to sit out for too long between games.

You may also book a slot to play outside of the above hours, provided that there is nothing else already booked at the venue. Other activities will appear as Unavailable on the booking calendar to prevent you from double booking.

If playing at the Barn after 17h30, please make sure the roller doors are closed in order to reduce noise.

The Barn is also pre-booked for Saturday afternoons and Tuesday evenings so that members can take part in Americanos. If no Americanos are planned, then these slots are available for private bookings on the website.

AT THE BARN IF YOU ARE THE LAST TO LEAVE, PLEASE COMPLY WITH THE INSTRUCTIONS ON THE INSIDE OF OUR LOCKER. Padlock code: 218

AMBER LEE

Amber Lee courts are available during the week on collection and signing for the key from Amber Lee security, EXCEPT during official tennis times which are:

Mondays: 2pm - 5pm

Fridays: 8am - 11am

You are asked not to go there any earlier than 7h30 or later than 17h30, out of respect for the local residents who find the ball noise irritating. Official Wednesday and Saturday playing times for pickleball are from 7h30 - 9h30. Max 16 per session. Take your own bats and balls. Please wear rubber soles and no spikes to minimize damage to the court. If the courts are wet, brooms can be found under the veranda to sweep the away the water.

Please return the key to Amber Lee security after playing.

SUBS

A fee of R 100 is required upon joining (pro-rated to R50 if you join in the second half of a financial year), and annually as determined by the committee. A fee of R20 will be levied on any outside guests (not family and friends staying with a member or other GA residents) who you invite to play. When you book a court, please insert the number of guests and you will be billed at month-end accordingly by our treasurer.

COMMUNICATIONS

Any important information such as tournament arrangements, Notices of Meetings or other announcements will be conveyed via email/website to the members. Events need to be run past the committee before any announcements are made.

Our WhatsApp group is called GA Pickleball Chat - a social one where members may chat, share videos and tips and arrange to meet for playing purposes.

Complaints and/suggestions: please handle first and foremost with one of our committee members:

2026 Committee		
Name	Portfolio	Cell
Ann Morrow	Amber Lee representative	082 569 2998
Barry Jennings	Treasurer	083 376 7593
Carol Friedman	Vice-Chair	082 809 9944
Cheryl Nefdt	Event organiser	076 535 9059
Clare Van Daele	Chairperson	084 455 7771
Tony Sharples	Technical advisor/secretary	076 934 5552

USEFUL VIDEOS TO EXPLAIN THE RULES AND STRATEGIES OF THE GAME

<https://youtu.be/2Vk-c8TdC28?si=qI5L96HJpwM0x8mt> - Basic rules, scoring etc.

<https://youtu.be/998iCDaZ-m4?si=hqr3ThYu39-xgsqx> - Serving rules at 8:41

<https://youtu.be/JGMLn68RZS8?si=bx9hM5FxUX7ZJfKL> - Great on strategy

<https://usapickleball.org/docs/rules/USAP-Official-Rulebook.pdf> - Note: we subscribe to the USA Pickleball Association rules.

<https://picklepedia.org/picki/pickleball-over-60-fitness-plan/> - Fitness